RULES AND REGULATIONS FOR THE EUROPEAN CHAMPIONSHIPS AND THE POLISH CHAMPIONSHIPS IN TRADITIONAL ARCHERY, 8–11 AUGUST 2019, GOLUB-DOBRZYŃ

I. OBJECTIVE

The main objective of participation in the European Championships and the Polish Championships in Traditional Archery held on 8-11 August 2019 in the Golub-Dobrzyn castle is to promote the technique of using the bow and the history of archery tradition. Historical outfits are not obligatory, but we encourage the competitors participating in the event to have historical outfits, reasonably consistent with the reproduced period.

II. APPLICATION

Competitors wishing to take part in the competition will send their applications to <u>https://warmia-archers.pl/zawody/rejestracja-do-zawodow/zawody-inne/129-pslt-mmp-w-lucznictwie-tradycyjnym</u> by 13.07.2019.

For technical reasons, we limit the number of competitors taking part in the competition to **320 (three hundred and twenty).**

You must register and pay the registration fee within the given deadline:

- 60 EUR per person in case of non-membership in the PSŁT,

- **50 EUR** per person for families without PSLT membership with children participating in competitions in the senior category,

- **35 EUR** per person for all those who want to take part only in the feast and enjoy the meals during the Championships, i.e.: soup, sausages, stew,

- 25 EUR per person for those who want to take part only in the feast.

All entries in the JUNIOR category are free of charge!

The transfer should be made to the account of the association: Polskie Stowarzyszenie Łucznictwa Tradycyjnego, ul. Baśniowa 19, 05-850 Ożarów Mazowiecki. **Pekao S.A.: IBAN PL35124034191111001041776705** (please put the name and surname of the participant in the title of the transfer). **SWIFT: PKOPPLPW**

The fee includes, in addition to the attractions scheduled for the archers competing in the European Championship and Polish Championship, a number of attractions presented in the schedule of the event. The organizers reserve the right to make changes to the schedule of the event without giving any reason.

The organizer does not have to take into account applications made after the deadline. The list of entered competitors will be available at <u>https://warmia-</u> <u>archers.pl/zawody/rejestracja-do-zawodow/zawody-inne/129-pslt-mmp-w-lucznictwie-</u> <u>tradycyjnym</u>. The registration application will be marked in red and full registration will be marked in green after the entry fee has been paid! Persons who register for the competition and are not able to come to the competition are asked to inform the organizers about it in advance. The only form of notification is to send an e-mail to **pslt@vp.pl**, and the date of delivery will be the date of receipt of the e-mail. Due to the requirement to make a reservation and to pay some expenses in advance, with regard to the entry fee, when cancelling the participation of the competitor and/or an accompanying person, the Organizers agree on the following:

- until 1 July 2018. All cancelled applications will be returned in the amount of 100% of the fees paid,

- until 15 July 2018. All cancelled applications will be refunded in the amount of 50% of the fees paid,

- after 15 July 2018. All cancelled applications will not involve a refund of the fees paid.

Please be informed that until 15 July 2018, the competitors may send to pslt@vp.pl any justified requests to be assigned to a given group or to be accompanied another competitor. Although the organizers will make every effort to fulfil them, they reserve the right to deny such requests.

III PARTICIPATION

These Rules and Regulations are intended to ensure the safety of all persons involved in the tournament, including those shooting hereinafter referred to as Archers/Participants. All Archers and Organizers participating in the tournament are obliged to comply with the provisions of these rules and regulations.

1. Organizers and Judges - supervising persons are released from liability for any damage resulting from improper conduct of participants in the competition area, in particular if it results from exceeding any of the provisions of the Regulations, basic rules of prudence and the Judge's oral instructions.

2. In case of violation of the Rules by the Participant or other persons, each of those present is obliged to immediately stop shooting and draw the shooter's attention to the violation of these rules and ask for a change of behaviour. If this does not work, the athletes should report this fact to the Organizers.

3. During a tournament it is strictly forbidden to:

3.1 shoot under the influence of alcohol or other intoxicants,

3.2 use of equipment whose condition endangers the safety of shooting,

3.3 shoot without permission and making sure that the shot is safe,

3.4 draw the bow with the arrow in a different direction than at the targets.

Intentional shooting in other directions means disqualification, disqualification from the competition and prohibition of entry into the competition area.

4. Persons with no legal capacity (including minors) staying in the competition area and/or participating in the tournament are the responsibility of their guardians.

5. Only a person of Polish citizenship may enter the Polish Championship.

IV. AGE CATEGORIES

Participants will be divided by age into two categories:

JUNIOR - children and adolescents up to the age of 14, i.e. born after 11 August 2005, regardless of sex (JUNIOR).

SENIOR - archers over 14 years old, i.e. born to 11 August 2005, including the division into male (MALE SENIOR) and female (FEMALE SENIOR).

2. EQUIPMENT CATEGORIES

Upon arrival at the venue, the archers will report to the Competition Office to collect their food IDs and vouchers, sign the GDPR forms and verify the equipment they will use during the competition. The archers are obliged to undergo verification of the equipment which they intend to use during the competition, have their entry forms confirmed and be assigned to one of the shooting group by 8.30 am on 9 August 2019 (Friday) under the penalty of disqualification.

Archers are to have their own arrows and bows and may not lend themselves a bow, arrow, accessories, either during the control or during the competition with out the consent of the organisers, and only if the borrowed equipment does not change the archer's equipment category. The condition that this does not change the equipment category must be met.

2.1 BOWS

Olympic bows and compound bows are not allowed.

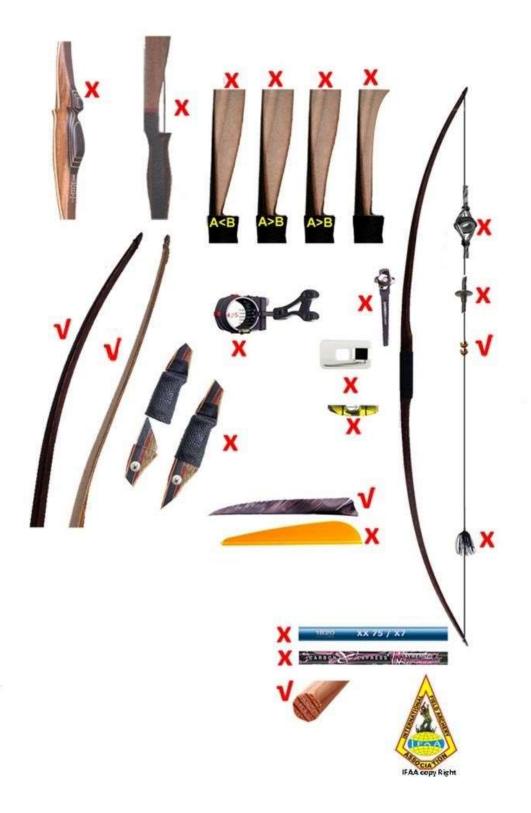
Bow categories:

LN (natural bows) – one-piece self-bows or laminates, made of natural materials only, whose designs reflect are historically accurate (it is allowed to use bowstrings made of modern, non-natural materials), wooden arrows with fletchings made of natural materials (feathers, parchment, paper, etc), and nocks made of natural materials (wood, horn, etc). Bows must not have any form of an arrow rest (bristle, leather, etc.); no serving or other marking on the bowstring as an aiming aid is allowed; only a nock point is allowed on the bowstring. NOTICE: due to their historical design, replicas of Korean bows are the only exception.



Pic. 1. NB according to IFAA

LT - Traditional bows: one-piece, homogeneous or composite made of any material (laminate), modelled on historical designs, with symmetrical risers, without profiled handle (pistol grip), wooden arrows with natural fletchings (paper, feather, parchment, etc.), nocks made of any material, bowstrings made of any material. Bows must not have shelves, windows or arrow shelves in any form (bristles, leather, etc.); no serving or other marking on the bowstring as an aiming aid is allowed, only a nock point is allowed on the bowstring.



Pic. 2. TB according to IFAA

LP - bows with an arrow shelf: one-piece and take-down, composite bows, with a window and/or shelf of any depth, with or without a pistol grip; wooden arrows with fletchings of natural materials (paper, feather, parchment, etc.), nocks of any material, bowstrings of any material. Bows may have straight and non-adjustable arrow rests in any form (plastic, metal, bristles, bristles, bristles, peel, etc.); wrappings woven into the chord are prohibited; only the saddle or bowel on the chord and chord silencers placed at least 305 mm above and below the nock point.



Pic. 3. LSB according to IFAA

2.2. ADDITIONAL INFORMATION

An arrow rest is considered to be any kind of attachment to the bow on which the arrow will be resting during the shot, and which prevents the falling of the arrow nocked on the string when the bow is held in the shooting position.

2.3. ARROWS

Archers will have a minimum of 10 wooden arrows with field points; other types of arrowheads are forbidden.

The arrows must be easily identifiable (e.g. marked with the archer's name or initials).

Note: The organizers may allow participants to use non-compliant arrows, with the possibility of excluding the score of the archer using such arrows from the final score classification. An archer with non-compliant arrows is obliged to report this fact to the judges during the time allocated for equipment inspection.

Using non-compliant and arrows not reported to the judges will result in disqualification of the archer.

2.4. SHOOTING TECHNIQUE

The technical category "Thumb ring" (T) has been introduced to the competition, which includes all archers using a thumb ring shooting a natural or traditional bows.

2.5 DURING SHOOTING

An archer is obliged to shoot in every part of the Championships using ONLY the bow which has been reported to the Competition Office and has been officially approved.

It is prohibited to use the following:

- any sights and/or aiming device, stabilizers, clickers, buttons, etc. any markings on the bow/string which facilitate aiming.

- binoculars, rangefinders or any measuring applications on mobile phones.

It is only allowed to mark the place of nocking of the arrow on the string, and the arrow strike plate on the riser (subject to the requirements of point 2.1.).

There is only one requirement concerning shooting: the archer is required to shoot using a technique where the arrow is touched by finger/fingers/thumb when the string is drawn and released.

The captain of the group is responsible for adhering to the aforementioned rules. And violation of the rules may result in disqualification of the archer.

IV SHOOTING

1. WARM-UP

In order to provide the archers with a safe training place, the Organizer shall designate a place for warm-ups and practice shooting.

2. COMPETITION SHOOTING

2.1 Shooting will be divided into rounds, each of which will include the following challenges: 3D shooting and skills shooting (i.e. long distances and moving targets).

2.2.1 The European Championship will be held on 9–11 August and will consist of two stages;

- the QUALIFICATIONS, based on the total score from all 4 blocks on the first two days (Friday and Saturday), whereby each archer will be required to shoot two full blocks on both days.

- the Final day of the competition (Sunday) is when the top **6 archers** from each category will meet for the final match. All finalists will shoot in selected challenges, and the victory will be determined by the best score gained in the entire final round.

2.2.2. The Polish Championship will be **based on the sum of two best scores** for a given round obtained during the first two days (Friday and Saturday), whereby each archer is obliged to shoot all four rounds.

Archers with the highest scores will be classified in the final ranking of the Polish Championships.

2.3. In order to ensure efficient judging and groups' management, the organizers will select from the most experiences competitors group captains who will be responsible for compliance with the rules and regulations. Decisions made by the captains will be binding. In case of disputes, the main judge will judge and verify the score. Decisions of the main judge are final.

2.4 If an archer omits a target or misses his turn, they score 0 on the given target, and the score of 0 points is immediately entered into the score sheet. Omitted targets can not be shot later in the competition.

2.5 The stated target distances are approximate and the targets can be set at any distance from the firing position marked with a coloured peg or a line.

2.6 For this reason, no physical measurement of distance can be carried out near the targets; it is forbidden to approach the target before shooting.

2.7 During the competition, archers will shoot from their position in such a way as to stand in front of the line or touch the peg with any part of their body while drawing and shooting. In some competitions it will be possible for two archers to shoot at the same time (this will be stated in the description).

2.8 It is forbidden to shoot additional shots if, after approaching the target, the archer is found to have shot fewer arrows than expected in the competition.

Note: Lost arrows may be searched for after shooting is completed, at the expressed command of the captain of the group, provided that there is no risk of exposing the archer to another group's shooting zone.

2.9 To ensure safety, and to avoid delays in the schedule of the event, none of the archers may be behind the target, except for the moment of identification of hits and counting of points. Always leave at least (2) two archers in front of the target to make sure that no group starts

shooting at the target behind which the search for lost arrows is in progress. If the arrow(s) cannot be found immediately, mark the location and return after shooting the entire block.

3. SCORING AND ASSESSMENT OF HITS

3.1 The competition consists of rounds and in each round there will be 20 different types of targets (listed in point 2.1) with the following scoring:

A/ Targets with three scoring fields 10-8-5 or 30-24-15

B/ targets with one scoring zone 5

3.2 The archer shoots 1, 3 or 6 arrows at a target, with a maximum of 30 points to be scored for each type of target.

3.3 A hit is counted towards the higher scoring area when the arrow touches the line between the scoring areas.

A hit will count if the arrow stuck in the target face/ target.

Arrows that are not stuck in the target are not counted as hits and should not be re-shot. Exceptions are arrows that have bounced off and landed in front of the target, in which case the lowest possible score for the target will be awarded to the archer.

3.4 All arrows should remain in the target until the scores are recorded. If the scoring situation is uncertain, the dispute should be settled by the judge and arrows cannot be taken out of the target until then. Arrows taken from the target before the results are recorded will be counted as 0 (zero) points.

3.5 In the event of a mistake in entering points on the score card, correction must be made immediately and the group captain must sign under any corrections made.

3.6 After the score is recorded, the archer must ensure that the arrow is removed from the target before leaving the position.

4. RANKING

European Championships:

QUALIFICATIONS: The results of the competition will be based on the sum of the points obtained in all four rounds.

FINALS: Winners will be ranked according to the total score from in the final competition.

Polish Championships:

The results of the competition will be based on the sum of the two best shooting results in the respective rounds (the worse result in a given round will not be taken into account). Winners will be classified according to their total scores.

The archers will receive official cards to record the results at the beginning of the tournament. All information on the score card must be filled in accurately and legibly. Points are entered and counted by the group leader/judge. The score cards must be signed by at least two people from the group.

Draws will be settled in favour of the archer who has scored more 10s. In case of further draws, but only for those competing for a place on the podium, it will be decided by a duel, where the athletes will shoot 3 shots to the target butt from a distance of 20-25 meters.

The archer who scores more points wins. In the event of identical scores, the duel will continue until one of the archers scores more points. Zones on the duel targets are scored just like in a standard round.

No additional points in the classification will be awarded for tied matches.

These duels determine only the order in the ranking of archers.

Archers with non-compliant equipment are excluded from the final ranking, without the possibility of obtaining a title and prize.

V. GENERAL PROVISIONS ALCOHOL, DRUGS, NARCOTICS

From the opening of the competition until the official closing of the competition, during the shooting it is forbidden, under penalty of immediate disqualification, to be under the influence of alcohol, drugs or narcotics.

In case of doubt, the Organizers reserve the right to control the state of sobriety and when the current standard of 0.5 per mille is exceeded (in accordance with art. 46 sec. 3 of the Act on Upbringing in Sobriety), to disqualify the archer.

Participants are also asked not to use tobacco in a visible way during shooting.

PENALTIES

The referee may use the following disciplinary measures for any violations of the archer's equipment determined prior to the start of the competition:

- an order to bring the equipment into conformity with the rules,
- change of equipment category in which the archer will compete,
- excluding the score of the archer during the final qualification,
- disqualification from the competition.

The referee may disqualify the archer for gross violations of the regulations during the competition. It is forbidden to litter at the tournament area.

VI AWARDS AND TITLES

Archers compete in three equipment categories; LN, LT, LP and the technical category T (thumb ring)

First place: gold medal + diploma Second place: silver medal + diploma Third place: bronze medal + diploma IV place: diploma V place: diploma VI place: diploma

Archery competing in the technical category **T** (thumb ring) will be awarded the title of winners of JUNIOR, FEMALE and MALE categories.

The right to interpret these rules and regulations is vested in the representatives of the PSŁT and the main referee.